

TRAIN
FOR
GOD

LIVE
FOR
GOD

SKINNY- CONDENSED

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(WE ARE TRYING TO DAILY BE THE BEST CHRISTIAN WE CAN BE)

Schedule 4 Basic Lifestyle Disciplines

Strive to do them every day. But no bondage. Keep it a joy.

"Train yourself in godliness." (1Tim 4:7 ESV)

- CLOSED-DOOR PRAYER:** As top-priority every day, and with the best of your time, privately Seek God with the attempt to "Find" God and Talk to Him about stuff. Also, interact with Him and His Word. Try to do as many things in Tool 1 as you can.
 - TOP PRIORITY OF EACH DAY
 - WITH THE FIRST & BEST OF OUR DISPOSABLE TIME
 - PRIVATELY, ALONE
 - ATTEMPT TO "FIND GOD"
 - TALK TO HIM ABOUT STUFF
 - INTERACT WITH HIM AND HIS WORD (BIBLE)
 - DO AS MANY ACTIVITIES IN TOOL 1 AS WE CAN
 - IF YOU ONLY CONQUERED 5 MINUTES – SO WHAT?
GET UP & START AGAIN TOMORROW! . . . YOU ROCKED HIS WORLD TODAY!
- FASTING:** Schedule Some Weekly Fasting. Maybe a day or two.
- GIVING:** Schedule Weekly Financial Giving and the Daily Giving of Good Works. God will set them up, then help us.
- FIND, REVIEW, MEMORIZE, AND DO:** *As priority,* Find and Memorize God's Commands in the Bible, and Do Them throughout Each Day.

TOOL 1

GOOD THINGS TO DO IN OUR PRIVATE GOD-TIMES

- 1. SEEK and FIND GOD and then TALK TO HIM ABOUT STUFF.**
- 2. PRAYERFULLY READ and STUDY THE BIBLE.**
- 3. PRAY-THROUGH THE 7 TOPICS OF THE LORD'S PRAYER.**
- 4. THANK & PRAISE GOD FOR A WHILE: Tool 2.**
- 5. REVIEW OBEDIENCE LIST: Tool 3.**
- 6. PRAY AWAY ANY ANXIETIES AND FEARS.**
- 7. PRAY OVER THE PEOPLE WE ARE TO TAKE CARE OF.**
- 8. PRAY FOR ALL AUTHORITIES AND ALL MEN.**
- 9. SEEK TO BE FILLED WITH THE SPIRIT. TRY TO GET FILLED.**
- 10. RENEW OUR EMOTIONAL LOVE FOR GOD.**
- 11. WORK A PRAYER LIST: Tool 4.**
- 12. REVIEW OUR ULTIMATE DAY FOR GOD: Tool 5.**
- 13. RELOAD & REVIEW OUR LIFE VERSES: Tool 6.**
- 14. INTERCESSION / PRAY IN THE SPIRIT FOR AWHILE.**
- 15. ASK GOD ANY LIFE'S QUESTIONS.**
- 16. THE LORD'S TOP 1-2 PRIORITIES FOR ME TODAY.**

TOOL 2 - BECOMING A THANKFUL PERSON

One item at a time. Connect with each one. Then thank God.

“Always give thanks for all things.” (Ephes. 5:20)

“Forget none of His benefits” (Psalm 103)

“Enter His gates with Thanksgiving and His courts with Praise”

(Psalm 100:4)

1. PRICELESS ETERNAL THINGS:

- **What a Great Person He Is:** All-knowing, All-powerful, Perfect in everything and in every way, Omnipresent, Majestic, Eternal,
- **Possessing:** All Authority and Dominion and Glory...
- **Full Of:** Compassion, Loving-kindness, Truth, Love, Peace, Joy, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control, Mercy, Humility...
- **A Perfect Ruler, A Perfect Ruler Leader, A Perfect Ruler Father...**
- **Rejoice that our names are written in Heaven!**
- **No Hell! Get to go to Heaven!**
- **We are a son or daughter of the Maker of the Universe!!**
- **We can come to God anytime, come into His actual presence, come before His throne anytime and talk to Him!** (Hebrews 4:16)
- **Overall Happy, Peaceful, and Joyful Heart!**
- **The God of the Universe lives inside of us!**
- **God's Provision, Protection, and Guidance**
- **God's Wisdom** (esp. if and when we ask for it)
- **Ongoing forgiveness of sins, and freeing us from sin!**
- **We continually get changed into His image and character!**
- **God Likes Us! God Loves Us!**
- **Our God is a good God**, who does no evil, wrong, or make mistakes.
- **King Jesus will be our Friend** when no one else will.
- **God grants requests and answers prayer.** We can get help from God!
- **Partake in His Eternal Ministry** - Work with God and partake in the joy of His Work.
- **Depth of Biblical Revelation!** "Many prophets and kings longed to see what you see..." (Luke 10:24 NET)
- **Thanks to God the Father and the Lord Jesus Christ for being tortured and dying for me – instead of me.**
- **The option of a heart free from troubles and fear** (John 14:27)
- **The option to be continually filled with Joy and the Holy Spirit** (Acts 13:52, John 15:11, John 16:24)
- **All those people God sent into our life to help us**
- **You came and got each of us...when we were lost and in darkness... and all the pain you**

experienced & that entailed...

- **All the pain You endure as you oversee the millions of Your children...**
- **All the pain You endure as You work to save all the millions who are lost and in darkness. . .**
- **Because God now lives inside of us, we now have the power over all sin**, power to control ourselves, power to completely obey all of Jesus's commands (and thus obey "The Law"), and power to fully please God - through Him!

2. OTHER PRICELESS THINGS:

- **Good Health** - Physical? Emotional? Mental? Spiritual?
- **Get up daily and be able to Walk and Talk?**
- **Good friend(s)?** Do you have any good friends?
- **Good spouse?** Priceless!
- **Is our spouse also a good friend?** Priceless!
- **Is our spouse still our boyfriend/girlfriend?! *Priceless!***
- **Children?** Abraham had to wait until his late 90's for his first child from the Lord.
- **Good Children?** Are your kids pretty good kids? ("I have no greater joy than to hear my children walk in the truth." - 3 John 1:4)
- **Enjoy your Job/Work?** "A gift from God." - Eccles. 3:13
- **Freedom to worship** without being jailed, tortured, etc.?
- **Good church leadership?** Wise, God-filled leadership with integrity? Priceless.

3. PERSONAL JOYS GOD LETS US DO/HAVE

Examples:

- **Fun Spouse or friends. *Fun dates? Trips?***
- **Watch good movies.**
- **Enjoy beautiful scenery.**
- **Drive vehicle that doesn't break down all the time.**
- **Have air conditioning.**
- **Have my favorite foods or desserts.**
- **Do my favorite hobby.**
- **Safe Neighborhood? Infrequent break-ins/ robberies?**

4. DELIVERANCES - 4 TRIALS of LIFE

- **Health?** How has God delivered you or your loved ones in this arena? Write these instances down and be able to recite them easily.
- **Finances?** Besides just steadily providing for us, how has He bailed us out in particularly large financial crises? List and review.
- **Relationships?** How has He intervened in our loneliness, strained relationships, broken relationships, lost relationships, etc.?
- **Demonic Oppressions/Depressions?**

5. LUXURIES THAT THE KINGS OF HISTORY DID NOT HAVE:

- **Electricity!** - Provides tons of conveniences and pleasures!
- **Air Conditioning** - It is a gnawing burden to live, work, and try to sleep in hot climates without air conditioning!
- **Abundant Food** - even most poor street people in our Western cities can easily get a meal from the multiple soup kitchens, food banks, food pantries, Salvation Army centers, churches, Federal

- food stamps, etc.
- **5-Star Restaurant Food Recipes** & how to make them - easily available on the internet/TV
 - **Modern Heating Systems!** - The traditional chore of heating a home through the gathering and preparing of firewood can be a ton of work!
 - **Light Bulbs!** Flick a switch for bright light!
 - **Window Screens!** - *Said to be the largest contribution to the sanity of man!* Not invented until early 1800's!
 - **Clean Water** - Many in the world do not enjoy this luxury and suffer not having it through increased sickness & diseases, and poorer health.
 - **Indoor Plumbing** - Need a drink, turn the tap. Need a nice hot shower, turn the dial. So nice.
 - **Sewer Systems** - Flush and it's gone!
 - **Appliances** - Refrigerators, Freezers, Ice Makers/Ice Cube (Emperors made runners run up mountains to fetch them their ice for a cold drink),
 - **Washing Machines, Dryers, Microwaves, Stoves, Garbage Disposals**
 - **DVD Players and Digital Music Players**
 - **Symphonies on Demand! Quality Motion Pictures** on demand!
 - **Cars, Boats, Motorcycles, Airplanes, and Trains** - And the fun of riding in them!
 - **Television** - Travel the world from your living room!
 - **Computers and the World Wide Web!**
 - **Glass** - Magnifying glass, Microscopes, Windows, Telescopes, etc.
 - **Eye Glasses and Contacts!** Surgeries. To be able to see well! *Fantastic!*
 - **Photography and Home Moviemaking.** No one dreamed to be common.
 - **Telephones and Smart Phones** - Talk to anyone on earth in real-time!
 - **SMART PHONES** - ONE DEVICE: Phone, Clock/Watch, Calculator, GPS, Music, Movies, Quality Camera, Video Recording, Mail, Texting, Book Library, Flashlight, Live News from around the world, Photo Album, Encyclopedia Set, Live Weather/Radar Map, Calendar, Internet, etc...and tons more!...What?...*INCREDIBLE.*
 - **Video Gaming!** A ton of fun!
 - **The Gasoline Engine** - allows for Lawn Mowers, Chain Saws, inexpensive Boats, Motorcycles, Snowmobiles, Generators, Cement Mixers and more!
 - **The Electric Motor** - allows for Vacuum Cleaners, Electric Drills, Electric Saws, Kitchen Mixers, Can Openers, Sewing Machines and more!
 - **The Bicycle!** (Remember your first bike?)
 - **Book Binding and The Printing Press** (vs. scrolls. Also, everything had to be laboriously hand-copied)
 - **Calculators** - the first commercial pocket calculators were very expensive.
 - **Dentistry** (alleviates a lot of misery!)
 - **Medicines & Pharmaceuticals** - Many children died prematurely from the common cold that progressed to inner ear infections then to the brain - incurable until the invention of antibiotics. Other diseases and plagues dominated through field of medicine: leprosy, polio, typhus, typhoid, measles, etc.
 - **Plastics** (Allows for creation of inexpensive toys and all types of things for everybody)
 - **Ice Cream!** Jokingly said to be able to solve all the world's problems.
 - **The Match!** (Instant fire!)
 - **Inexpensive Paper, Ink, and Pens**
 - **Radios**
 - **Rubber and Rubber Balls!** Fairly difficult to manufacture.
 - **Inexpensive Watches.** These used to cost a lot of money. Now cheap.
 - **Batteries.** Not long ago difficult to store electricity cheaply & easily.
 - **Guns!** (Lions and other big cats once ruled the night and struck fear into the hearts of men for ages. Guns helped end this.)
 - **Elevators** (allowing for high-rise construction, the decrease of heart attacks, and laborious stair

- climbing.)
- **Welding.** A fantastic invention of fusing many materials together.
 - **Photocopying!** Instant replication of documents!
 - **Nuclear Power**
 - **Transistors and Solid-State Electronics**
 - **Vitamins**
 - **Aerosol Cans** (We are now able to propel many atomized materials)
 - **Commodores/Toilets and Toilet Paper**
 - **The Hot Water Heater - Hot Showers!**
 - **Amusement Parks and Rides!**
 - **Concrete!** (Inexpensive man-made rock!)
 - **Concrete and Asphalt Roads** (vs. mud roads)
 - **Cardboard and Cardboard Boxes**
 - **Vinyl Flooring and Vinyl Products**
 - **Anesthetics!** (Imagine surgeries without these!)
 - **Tape** (Clear wrapping tape, duct tape, packaging tape - all types!)
 - **Aspirin** - a very inexpensive pain reliever
 - **The Mirror!**
 - **Sound Amplification** (Imagine innumerable meetings and gatherings without this luxury)
 - **Microscope** (Opened up new galaxies to explore, and the germ world to be exposed, identified, and dominated)
 - **Zipper** (vs. having to hand-button everything)
 - **Shoe Technologies** (Inexpensive, quality footwear)
 - **Foam Rubber** (We spend a lot of our time sitting)
 - **Fiberglass and Fiberglass Insulation**
 - **Wealth of Dental and Medical knowledge, skill, and expertise** (Alleviating tons of pain and misery) (quackery also minimized)
 - **MRI and CAT Scan Technologies** (to help see through tissues and better diagnose ailments)
 - **Inexpensive Wall-to-Wall Carpet and Carpet Technologies**
 - **Cotton Usage from the Cotton Plant** (allows for inexpensive clothing)
 - **Weaving, Loom, and Textile Machine Technologies** (Inexpensive clothing)
 - **Inexpensive 4-Color Home Printers!**
 - **Plastic Garbage Bags and Twist Ties**
 - **Online Educational Classes of All Types** (The knowledge of how to do almost anything more easily and quickly)
 - **Inexpensive Safety Razors for Shaving**
 - **The Fax Machine** (Almost instant document transmission around the world)
 - **Glass, Plexiglas, Safety Glass, and Acrylic Glass**
 - **The Rubber Band, The Scissors, The Stapler, the Paper Clip,** and other practical tools. Easy to take these for granted.
 - **Wire Technologies!** (Allows for the ability to produce wiring for everything from paper clips, sewing needles, dental braces, window screens, much-needed inexpensive fencing - to wire for the transmission of electricity, etc.)
 - **Our Own Personal Set(s) of Holy Scriptures** (Centuries ago a luxury; few could own their own Scripture)
 - **Innumerable Bible Study Guides, Study Aids, Commentaries, Translations, Classes,** etc.
 - **Bronze Age to Iron Age to Steel Age to Stainless Steel and Aluminum and Metal Alloys** (Cars used to rust away quickly.)
 - **Machine Design & Construction** (allows for inexpensive mass-production of almost every type of product - so more people can enjoy them)
 - **Instant Messaging & Email** (No more waiting days or weeks for a telegram or a conventional letter in the mail - once coming by horseback and/or by sea! Communicate to almost anyone almost

instantaneously!)

6. My Book of Remembrance

- Document & Remember the momentous things God did for us individually. Thank Him forever.



TOOL 3 - MY OBEDIENCE JOURNAL

Write them down. Review each one before Him.

"If you love Me, you will keep My commandments."

- Lord Jesus Christ (John 14:15)

TOOL 4 - MY PRAYER JOURNAL

Write them down. Work them. Mix them with faith.
Get God's mind on them. Believe for them.

"And all things you ask in prayer, believing, you will receive."

- Lord Jesus Christ (Matt. 21:22)

"If you . . . ask anything, and it shall be done for you"

- Lord Jesus Christ (John 15:7)

TOOL 5 - PLANNING MY ULTIMATE DAY FOR GOD - MY BEST DAY FOR GOD

Figuring-out what a best day for God would look like.
Then do it today. Then, get-up and do it again tomorrow.

TOOL 6 - Renew and Reload Our "Life" Verses

Study them. Memorize them. Recite them. Review them.

"Do not forget My teaching...Keep My commandments...

Write them on the tablet of your heart" (Proverbs 3)

TOOL 7 - WAYS TO FIND GOD

1. SEEK GOD WITH YOUR WHOLE HEART

"You will seek Me and find Me when you search for Me with all your heart." – God (Jeremiah 29:13)

2. DRAW NEAR TO GOD

"Draw near to God and He will draw near to you" (James 4:8)

3. GO BEFORE HIS THRONE

"Therefore, let us draw near with confidence to the throne of grace, so that we may receive mercy and find grace to help in time of need." (Hebrews 4:16)

4. THANK AND PRAISE HIM FOR A WHILE

"Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name" (Psalm 100:4 NIV).

5. "LOVE-ON" GOD FOR A WHILE – He will love back.

6. GO TO A PRIVATE ROOM TO PRAY, CLOSE THE DOOR, AND PRAY TO GOD

"When you pray...go into your inner room...and your Father [will see]...and reward you." – Jesus (Matt 6:6)

7. START FASTING

"When you fast [fast in secret...God will see] and God reward you..." – Jesus (Matt 6:17)

8. PRAY IN THE SPIRIT FOR A WHILE

9. HIS DAILY INTERESTS FIRST

10. CHECK OUR OBEDIENCE (See Tool 3)

11. GIVE GOD YOUR ULTIMATE DAY (See Tool 5)

12. MAKE SURE YOU ARE GIVING ENOUGH OF YOUR MONEY TO GOD

13. CRY OUT TO GOD

"The righteous cry out, and the Lord hears them; he delivers them from all their troubles." (Psalm 34:17 NIV)

14. HAVE CHRISTIANS LAY HANDS ON YOU, AND TOGETHER PRAY HARD

15...